



## July Update

### Headlines

- Active London 2022 – Save The Date
- PE and sport premium must be used ‘wisely’
- Funding support for Project Turn-Over UK
- Outcomes over numbers for Sport England CEO
- Activity and social connection boost post-pandemic
- Audience voice must be “central to decision making”
- Unlock our potential urge sector leaders
- Chipotle Community Champion for June

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### **London Sport Headlines**

**LONDON SPORT: Active London 2022 – save the date**

The largest conference dedicated to the future of physical activity and sport in London is back. This year's Active London theme is 'Places & Spaces', with the conference set to take place on 21 September. Full details on sessions and speakers to be announced. [Register your interest](#).

**LONDON SPORT: PE and sport premium must be used 'wisely'**

Gary Palmer, London Sport's Strategic Advisor for Children and Young People, gives his thoughts on the [government's renewal of the PE and Sport Premium](#) and the need for greater scrutiny given the sums involved.

**LONDON SPORT: Funding support for Project Turn-Over UK**

London Sport Consultancy is working to support Project Turn-Over UK, a not-for-profit organisation supporting the UK's most 'at risk' youth groups with the help of physical activity and sport. [Read more](#).

**LONDON SPORT: Outcomes over numbers for Sport England CEO**

An active nation is the key to getting more people playing sport, Tim Hollingsworth OBE, CEO at Sport England, has told the Talking Sport & Tech podcast from Sport Tech Hub. [Catch up on the entire first series](#).

**LONDON SPORT: Activity and social connection boost post-pandemic**

Eight in ten (79%) Londoners who participated in physical activity or sport thanks to [Tackling Inequalities funding](#) from Sport England have told London Sport they've become more active.

**LONDON SPORT: Audience voice "central to decision making"**

The voice of the audience should be "central to decision making" according to [our new report](#) which reviews three years of delivery of Satellite Club funding. Read our [full report here](#) or check out [the executive summary](#).

**LONDON SPORT: Unlock our potential urge sector leaders**

A coalition of leading organisations across sport, recreation and physical activity has come together to [call for radical reform](#) to support the growth and development of the sector. 'Unlocking the potential' proposes a strategic vision to fully harness sport, recreation and physical activity.

**LONDON SPORT: Chipotle Community Champion for June**

[See Workforce](#).

## **London Sport Calendar**

Date		Location	Notes
	<b>July</b>		
4-29 July	Commonwealth Games Baton relay	Nationwide	<a href="#">More details</a>
6-31 July	Uefa Women's Euros	Nationwide	<a href="#">More details</a>
15 July	World Youth Skills Day	Worldwide	<a href="#">More details</a>
27 July	London 2012 Games 10th anniversary	London	<a href="#">More details</a>
	<b>August</b>		
28 Jul-8 Aug	Commonwealth Games 2022	Birmingham	<a href="#">More details</a>

## London Sport Updates

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### Funding

**FUNDING: Join the 'Social Prescribing Innovators Programme'**

The Healthy London Partnership has launched its ['Social Prescribing Innovators Programme'](#) – a pilot to support those working on social prescribing in London to improve delivery of primary care services. Individuals and small groups could receive up to £10,000 in funding and six months of dedicated support.

**FUNDING: Jubilee activity fund gives out more than £4million**

Sport England's [Queen's Platinum Jubilee Activity Fund](#) has committed more than £4million of National Lottery funding to more than 650 organisations since its launch in January. The funding has been focused on projects working with people in areas of disadvantage, that add value to their local community and is still open for applications.

**FUNDING: Funding for Women and Girls charities**

The 'Big Give' can support charities working to improve the lives of vulnerable, disadvantaged, or under-represented women and girls in England and Scotland throughout 2022. There are [two match funding opportunities](#) during 2022.

**FUNDING: People's Postcode Lottery small grants**

'Enabling participation in physical activity' and 'Increasing community access to outdoor space' are just two of the themes fundable through grants from the People's Postcode Lottery. Grants are for smaller charities and good causes. [Read the funding guide](#).

**FUNDING: The Henry Smith Charity 'Strengthening Communities' Grants**

The Henry Smith Charity offers grants of £20,000 - £60,000 per year for up to three years, to organisations with an income of £20,000 - £500,000, for delivering activities that promote connection and wellbeing in, or immediately next to, neighborhoods that are among the 10% most deprived in the UK. [Find out more information here](#).

**FUNDING: Lee Valley Regional Park Authority Funding**

Lee Valley Regional Park Authority is offering two funding opportunities. The Community Access Fund supports community groups and charities with funding, typically up to the value of £1,000, for free access to their venues and services. Their ['Active Communities Grant Scheme'](#) supports longer-term projects, with grants of typically up to £5k.

**FUNDING: The Morrisons Foundation grant funding**

The [Morrisons Foundation awards grants](#) to charity projects that make a positive difference in local communities. Grants are available to fully fund projects up to £25,000. The foundation will not fund sports-based charities unless the objective is to improve the lives of vulnerable or disadvantaged people.

**FUNDING: Magic Little Grants 2022**

The 2022 [Magic Little Grants](#) programme will be awarding £500 grants to 2,650 organisations including those that are enabling participation in physical activity.

**FUNDING: National Lottery Community Fund for partnerships**

The National Lottery is running this [programme of grants](#) of over £10,000 for up to five years to help local organisations develop a strategic approach to improving their communities by growing partnerships with other organisations.

**FUNDING: Volant Trust funding**

The Volant Trust accepts applications from charities that demonstrate a strong focus on alleviating social deprivation and helping vulnerable groups who have been particularly impacted by the covid-19 pandemic. Multi-year funding of up to £15,000 per annum is available. [Deadline 31 July](#).

**FUNDING: Better Community Business Network**

The BCBN Grant [initiative](#) will distribute a one-off grant award of up to £3,000 per charity or to small but credible community projects, which can demonstrate their positive impact on the communities they serve. Deadlines are 15 July and 11 November.

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## **Children and Young People**

### **LONDON SPORT: Getting girls active through cricket**

More than 1,000 youngsters in Sutton have been provided with meaningful cricket thanks to the ECB's Park Champions programme, supported by London Sport. Learn how an under-utilised facility [gave girls a safe space](#).

### **FUNDING: Young Ambassadors funding opportunity**

The Greater London Authority (GLA) is requesting proposals for the next phase of the Mayor of London's Young Ambassadors. [Young Ambassadors](#) aims to engage young people in social action through their schools.

### **NEWS: Primary PE and Sport premium investment confirmed for 2022/23**

Children will be supported to find and develop their sporting passions through the continuation of a [multi-million-pound Government investment for the next academic year](#). Schools must use the funding to make additional and sustainable improvements to the quality of the PE, physical activity and sport they provide.

### **NEWS: Increased mental health support for children and young people**

Thousands of young people will benefit from additional mental health support in their schools, colleges and universities, the government has announced. The Department for Education has [announced](#) for schools and colleges to train a senior mental health lead, bringing the total amount of funding for 2022/23 to £10 million.

### **NEWS: LTA expands SERVES programme through new partnership**

The LTA has a [new partnership with the National Association of Boys & Girls Clubs](#) (NABGC) to expand the LTA SERVES programme which takes tennis into the heart of local communities. NABGC will become a delivery partner, helping to provide more opportunities for young people in the most deprived areas of the country.

### **INSIGHT: Documentary looking into causes of poor Black swimming attainment**

[Blacks Can't Swim: 'REWIND'](#) is a new documentary following the stories of two 15-year-olds, a boy and a girl. Both struggle with the effects of the stigmas and stereotypes that have helped shaped the narrative and thought process as to why a disproportionate number of Black and Asians in England do not swim.

### **NEWS: Partnership to help young people benefit from sports-based mentoring**

A new [collaborative programme between StreetGames and LifeLine](#) will support young people across three London boroughs for the next two years. The joint programme follows news that LifeLine has been awarded £500,000 from the Mayor's New Deal for Young People fund to deliver their SW!TCH mentoring programme.

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## **Inclusion and Disability**

### **INSIGHT: Understanding participation in PE for autistic students**

Physical activity can have a wide range of benefits, but participation in physical activity in school is lower for autistic students compared to non-autistic students. Now, Durham University are looking to [complete research with PE teachers](#) and get their reflections on their experiences of teaching autistic students in school.

### **NEWS: The Thames awaits for visually impaired paddlers**

Tower Hamlets Canoe Club is helping [visually impaired paddlers \(VIPs\) take to the capital's waterways](#), with the help of Active Thames, founded by the Port of London Authority. A donation, also supported by British Canoeing and London Sport, has funded 14 free induction sessions introducing VIPs to kayaking and canoeing in Shadwell Basin.

### **OPPORTUNITY: Sensory Tennis launches ahead of Wimbledon 2022**

Sense Active has launched a [new programme](#) aiming to improve the quality of tennis provision for people with complex disabilities, in partnership with the Lawn Tennis Association and LUSU Sports. The guide is designed to be completely accessible, so that those with little or no experience in delivering sport can lead the activities easily.

### **OPPORTUNITY: Get involved with disability football**

Are you interested in getting involved in disability football? [Register now](#) for Essex FA's new Disability Football Online Discussion on Monday 11 July, 6:30pm- 7:30pm.

### **NEWS: Task Force to drive improvement in physical activity for disabled people**

The ['Everyone Can' Task Force](#) is made up of leaders from the sport and physical activity sector who will work together to help realise the full potential of gyms, fitness and leisure facilities in supporting disabled people to be active.

### **INSIGHT: Activity Alliance Annual Disability and Activity Survey**

Activity Alliance's [latest Annual Disability and Activity survey](#) shows slow progress in engaging more disabled people after the covid-19 pandemic. Greater effort is needed now to tackle inequalities that affect disabled people so that no one feels forgotten.

### **NEWS: Activity Alliance and Quest announce release of new Leisure Standard**

The new [Tackling Inequalities in Leisure Standard](#) will replace the existing Inclusive Fitness Initiative and has been co-written between Activity Alliance and Quest. The aim is to help leisure operators provide more inclusive and accessible physical activity opportunities for people from a range of inequality groups.

### **NEWS: FINA bars transgender swimmers from women's elite events**

FINA, swimming's world governing body, has voted to [stop transgender athletes from competing in women's elite races](#) if they have gone through any part of the process of male puberty. FINA will also aim to establish an 'open' category at competitions for swimmers whose gender identity is different from their birth sex.

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## **Facilities & Space**

### **OPPORTUNITY: Shaping London to protect the next generation from air pollution**

The Mayor of London and Transport for London want to [hear your views](#) on how to shape our city to protect the next generation from air pollution. The consultation is part of the proposals to expand ULEZ in 2023. [Submit your response](#) by 29 July.

### **INSIGHT: Fitness and leisure sites proved to be low covid-risk environments**

The UK fitness and leisure sector has [reported the most comprehensive national covid-19 safety figures](#) for the industry in Europe, in a new report published by ukactive.

### **INSIGHT: This Girl Can helping to make leisure sector spaces safe and inclusive**

Sport England are [investing almost £500,000 of National Lottery funding](#) to sector partners who'll work with This Girl Can to develop resources and training that'll help leisure and fitness facilities ensure their spaces are safe and inclusive for all women.

### **NEWS: ukactive sets out first set of key milestones in delivery of Vision 2030**

ukactive has [published its strategy and milestones for the coming year](#), as part of its vision for growth and development across the rest of the decade. The document highlights the key elements from ukactive's 2022/23 business plan, which was developed to ensure the organisation fully supports the sector to develop and grow.

### **NEWS: Report identifies challenges to cycling and walking 'revolution'**

A [recent report](#) identifies that more than a quarter of Low Traffic Neighbourhoods installed across Britain over the pandemic have been discontinued. In London, the removal rate climbs to 30 per cent.

### **NEWS: Basketball England's Project Swish returns for 2022**

#ProjectSwish is Basketball England's [mission to improve outdoor basketball courts](#). In 2021, they provided more than 3,000 free nets. There are three ways to improve a local court: get a free net, renovate your court, and/or buy a Project Swish ball.

### **NEWS: The eye-opening switch from motorist to cyclist**

"I took up a challenge from a climate charity – and suddenly my daughter and I were gliding past canals instead of sitting in traffic." The story of a Londoner who made the switch and never looked back. [Read more](#).

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## **People, Places, and Communities**

### **OPPORTUNITY: Would you like to shape a future study on exercise?**

Children aged 9-10 years along with their parent(s)/carer(s), and middle-aged adults aged 54-57 years are being invited to [participate in a pilot study](#) that will identify the level of exercise that can optimise health. The study will take around two hours and involve an informal chat and the opportunity to run on a treadmill and use an exercise bike.

### **EVENT: Barking & Dagenham Carnival**

The Barking and Dagenham Carnival is taking place, Saturday 9<sup>th</sup> of July 1-6pm at The Barking Learning Centre, 2 Town Square, Barking, IG11 7NB . With a range of workshops and performances throughout the day. [More details](#).

### **OPPORTUNITY: Black Prince Trust Volunteer Recruitment**

The Black Prince Trust is recruiting volunteers for their school summer holiday sports programme. If you are interested in sport, supporting young people or have administration skills and have some time to offer on weekdays between 25 July to 26 August they could have the perfect opportunity for you. [Find out more here](#).

### **OPPORTUNITY: Help us learn more about girls and skateboarding**

London Sport is running a survey about girls and skateboarding, and they'd like your opinion whether you are good, a beginner or don't do it at all. The sector is encouraged to [share the survey](#) as widely as possible.

### **INSIGHT: Rapid review of wellbeing evaluation research**

What Works Wellbeing conducted a rapid review of interventions to explore the use of Warwick-Edinburgh Mental Wellbeing Scales and evaluate which interventions are the most effective at increasing wellbeing. [Read the report here](#).

### **NEWS: Rise in violent incident in London and South East**

British Cycling are deeply concerned to have heard from members about another spate of violent attacks on people cycling in London. In response their Policy Manager, Nick Chamberlin, has pulled together [this update](#) for members and concerned cyclists.

### **EVENT: Interfaith Fun Run returns to bring communities together this summer**

People from across the capital's communities are invited as the London Interfaith Fun Run returns. The event will bring together people from all backgrounds and beliefs to enjoy a day of sports, fundraising for important causes, and intercultural activities on Bank Holiday Monday 29 August at StoneX Stadium in Barnet. [Get involved](#).



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## **Physical Activity for Health**

### **EVENT: Whole Systems webinar promoting healthier weight for children**

NHS England and Improvement – London is [holding a webinar](#) intended to inspire and encourage a whole systems approach to promoting healthier weight. The event will be held online on Monday 20 June, 12.30-2pm and is targeted at NHS, public health, local authority, and academic leaders.

### **RESOURCE: Find out about the growing NHS workforce for personalised care**

Primary Care Networks are currently developing their workforce to support those living with complex, long-term health conditions, growing unmet health needs and the effects of other social determinants of health. The Healthy London Partnership [explain some key new roles](#) in addition to Social Prescribing Link Workers.

### **NEWS: Primary Care should screen and encourage patients to lose weight**

[Recent research from Loughborough University](#) has found that weight management interventions delivered by primary care practitioners result in effective weight loss and reduction in waist size. Interventions should be designed to include at least 12 contacts.

### **OPPORTUNITY: Catch up on the latest 'We Are Undefeatable' webinar**

Watch the 2022 spring [We Are Undefeatable webinar](#) for the latest campaign evaluation and insights, updates from Sport England, a guest speaker from [#EasierToBeActive](#) and updates about upcoming campaign activity.

### **NEWS: The College of Medicine launches 'Beyond Pills' campaign**

The College of Medicine launched its ['Beyond Pills' campaign](#) – calling for Government intervention on over-prescribing. The campaign, which was established in response to findings that 1.1 billion medicines are currently prescribed unnecessarily, identified the potential of social prescribing and lifestyle support in place of pills and medicine.

### **NEWS: Obesity causes 1.2m premature deaths a year in Europe, says WHO**

According to The World Health Organization's recently-released research study, WHO European Regional obesity report 2022, a third of children and almost two-thirds of adults in Europe are obese. The research found obesity causes 1.2m deaths each year across WHO's 53 member states in Europe. [Read more on the findings](#).

### **RESOURCE: Yoga, Mindful Exercise and Social Prescribing**

[Catch up on this webinar](#) by the National Academy for Social Prescribing. The webinar, including case studies, explores the benefits of yoga and mindful exercise for people's physical and mental health and how people can access these through social prescribing.

### **OPPORTUNITY: Call for Social Prescribing Case Studies**

The National Academy for Social Prescribing (NASP) is currently building a case study bank for stories on social prescribing. To ensure physical activity is represented share your stories by emailing [NASP](#).

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## Technology for Participation

**LONDON SPORT:** Outcomes over numbers for Sport England CEO  
[See Headlines.](#)

**LONDON SPORT:** Baz Moffat and Hana Sutch on Sport Tech Hub podcast  
Co-founder of The Well HQ Baz Moffat and CEO of Go Jauntly Hana Sutch have both been speaking on the first series of the Talking Sport & Tech podcast from Sport Tech Hub, powered by London Sport. [Catch-up on all six episodes of the first series here.](#)

**INSIGHT:** Moki – wearable technology improving young people’s activity levels  
There is incredible value in wearable technology not only boosting activity levels and participation in sport, but also measuring the real impact of physical activity on young people’s health. Sport Tech Hub alumnus, Moki, a wristband that tracks activity, is utilising wearable technology to engage young people in physical activity. [Read more.](#)

**FUNDING:-Antler Accelerator programme**

This [three-month cohort](#) is dedicated to helping you find a co-founder, then developing and testing a start-up hypothesis with investment opportunities.

**OPPORTUNITY: Virgin Start-Up Growth Programme**

Delivered over three days online, the Virgin Start-Up [Growth Programme](#) is designed to give founders the skills and confidence they need to kickstart their business for growth.

**RESOURCE: A deep dive into the sports tech investment scene**

SportsPro [dives headfirst](#) into some recent SportsTechX reports to uncover the biggest markets for sports technology and where venture capitalists are spending their money.

**NEWS: Smart Goggles with in-goggle training instructions**

Form’s smart swimming goggles deliver metrics such as split times, distance, stroke rate, heart rate, and pace per 100m through an augmented-reality display. Swimmers, can follow [real-time instructions that are displayed in the goggles.](#)

**NEWS: Wingfield digitising tennis courts**

As Wimbledon draws to a close, start-up [Wingfield is digitising tennis courts](#). The smart tennis start-up developed a system that helps players of any level analyse performance, providing players with match statistics.

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## **Workforce & Club Development**

### **LONDON SPORT: Chipotle Community Champion June**

Aaron Barnett-Clarke has been named our [Chipotle Community Champion for June](#). During lockdown, Aaron offered free fitness classes, reaching over 200 Lewisham residents, and has collaborated with Lewisham Hospital to offer fitness classes to patients suffering with mental health complications.

### **RESOURCE: Pro bono statistic research support available for charities**

Statisticians for Society links charitable organisations to volunteer statisticians at no cost. They support organisations that want to use data and evidence for decision-making by connecting them with statistical experts. [Learn more here](#).

### **FUNDING: IOS and Swim England launch support for Ukrainian swimming families**

Ukrainian swimming teachers who have been forced to flee the invasion are being offered the chance to gain a world-renowned qualification free of charge. The Institute of Swimming and Swim England Charity has [launched a two-part initiative](#) to help resettle those who were part of the Homes for Ukraine and Ukraine Family Sponsorship scheme.

### **NEWS: Fitness and leisure sector holds key to a physically active workforce**

ukactive has called on the Government and its partners to work with the fitness and leisure sector to get the nation's workforce physically active, as new research from Deloitte shows it could benefit the UK economy by up to £17bn a year. The new [report](#) was commissioned by International Health, Racquet and Sportsclub Association.

### **OPPORTUNITY: Club Matters open workshops programme**

Club Matters workshops cover a wide range of helpful topics, and the free, interactive sessions are here to help community sports organisations across the country. They now have an updated programme of open workshops. Sign-up for the new workshops [here](#).

### **RESOURCE: How to build a network of volunteers & freelancers**

Single Homeless Project (SHP) puts a large part of the success of their Sport Project down to volunteers and freelancers. The Project relies on them to run weekly sessions and one-off opportunities. SHP has [developed a toolkit](#) to help others use volunteers and freelancers to start, grow or enhance your sport offer.

### **OPPORTUNITY: London Wayfarers Hockey Club is searching for coaches**

After another busy and successful season, London Wayfarers Hockey Club is looking to recruit some inspiring coaches to join the club for the 22/23 season. From sessional coaches to part-time and full-time positions, there are lots of opportunities to join the team at what is an exciting time for the club. [Discover their opportunities](#).

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## **General News**

### **INSIGHT: Disrupting knife crime through sport**

This [report](#) by Dr Holly Collison-Randall from Loughborough University London covers her research exploring UK knife crime .. The research had four aims: explore the nature of sports programmes focused on tackling knife crime; evaluate the effectiveness of the programmes; share best practices, and provide action-based recommendations.

### **INSIGHT: Dangerous Junctions Summit**

This [report](#) from the London Cycling Campaign explores the #DangerousJunctions campaign, created as a result of the fatal collision with Dr Marta Krawiec at Holborn in 2021. The campaign highlights and tackles individual dangerous junctions and tackles systemic road danger issues.

### **NEWS: Wimbledon 2022: Periods, tennis and the tradition of whites at SW19**

When former Olympic tennis champion Monica Puig wrote about the "mental stress" of wearing white at Wimbledon while on your period, the replies were illuminating. The majority who replied were supportive, others admitted they had not thought about it being an issue until the Puerto Rican pointed it out. [Read more.](#)

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## **Jobs**

London Sport is hiring for one position:

- [Communications Officer](#), deadline 31 July

### **Organisation**

### **Role**

uksport

[Major Events Consultant](#)

London Youth Rowing

[LYR Club and Talent Inclusion Lead](#)  
[Life Skills Lead](#)

Surrey FA

[Safeguarding Assistant](#)  
[Facility and Investment Officer](#)

Wimbledon College

[Swimming Coach](#)

Shadwell Basin Outdoor  
Activity Centre

[Inclusion Co-ordinator](#)

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## **Keeping up to date with London Sport**

These updates are sent on the first week of each calendar month. If you would like us to consider content for inclusion, ensure this has been sent by the first of each month.

For other news visit the [London Sport website](#). Our social media accounts provide live updates and engagement on [Twitter](#), [Facebook](#), [LinkedIn](#) and [Instagram](#) while the London Sport newsletter provides highlights from across the sport sector: [sign up](#).